



## CLASS NOTES

- The component that we consume, which provides nourishment to the body, is called food.
- The components or materials required to prepare a food item are called ingredients.
- The ingredients of a food item can be obtained from either plants or animals. So, there are plant products and animal products.

### Plant Products

- The food products that we get from plants are called plant products.
- For example, ginger is the root of a plant that we use in cooking.

### Animal Products

- The food products that we get from animals are called animal products.
- For example, Milk, butter, chicken, meat, honey etc.

### **Kinds of animals based on their food:**

#### Herbivores

- Animals which feed on plants are called herbivores. For example, cow and goat

#### Carnivores

- Animals which feed on other animals are called carnivores. For example, lion and tiger

#### Omnivores

- Animals which feed on both plants and other animals are called



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omnivores. For example, bears, birds, dogs, foxes, certain insect species, and even humans.

