



CLASS NOTES-ANSWERS

Comprehension Check

1. Standing on Everest, the writer was
 - i. overjoyed.
 - ii. very sad.
 - iii. jubilant and sad.

Choose the right item.

Answer: jubilant and sad

2. The emotion that gripped him was one of
 - i. victory over hurdles.
 - ii. humility and a sense of smallness.
 - iii. greatness and self importance.
 - iv. joy of discovery.

Choose the right item.

Answer: humility and a sense of smallness.

3. "The summit of the mind" refers to
 - i. great intellectual achievements.
 - ii. the process of maturing mentally and spiritually.
 - iii. overcoming personal ambition for common welfare.
 - iv. living in the world of thought and imagination.
 - v. the triumph of mind over worldly pleasures for a noble cause.
 - vi. a fuller knowledge of oneself.



Mark the item(s) not relevant.

Answer: (i), (iii), (iv) and (v)

Working with Text

1. Answer the following.

i. What are the three qualities that played a major role in the author's climb?

Answer: Endurance, persistence and willpower are three attributes that aided the author's ascent.

ii. Why is adventure, which is risky, also pleasurable?

Answer: Adventure is dangerous, but it is also enjoyable. Despite the fact that it provides significant challenges, man enjoys overcoming such obstacles. Everest is the highest and mightiest mountain on the planet, and countless attempts have been made to climb it. When the author reaches the summit, he feels "exhilaration, the joy of having done something, the sense of a war fought and won." There is a sense of accomplishment and joy. The physical ascent of a mountain is simply one aspect of the accomplishment. It is followed by a sense of accomplishment and fulfillment. The experience is not only physical, but also emotional and spiritual in nature.

iii. What was it about Mount Everest that the author found irresistible?

Answer: Everest, one of the world's highest and mightiest mountains, lured him in with its beauty, aloofness, harshness, and the hardships encountered along the journey. Climbing it would need every ounce of



one's energy due to the harsh struggle with rock and ice. Even if one's life is at stake, it cannot be abandoned halfway. The journey back is just as arduous as the journey forward. However, once the summit is reached, there is a sensation of exhilaration, the joy of having accomplished something, the sense of a war fought and won, a sense of victory and happiness. All of these factors contributed to his inability to reject it.

iv. One does not do it (climb a high peak) for fame alone. What does one do it for, really?

Answer: Climbing a mountain requires endurance, tenacity and willpower. For a climber, demonstrating these physical abilities is exhilarating. The experience is not only physical, but also emotional and spiritual. It undoubtedly creates significant challenges. Man, on the other hand, enjoys conquering barriers. As a result, one does not climb a mountain solely for the sake of glory. It is truly for the satisfaction of having accomplished something, the sense of a struggle fought and won, a sense of victory and contentment. There is a sense of accomplishment, the fulfillment of a profound desire to climb above one's surroundings, the perennial love of adventure in man.

v. "He becomes conscious in a special manner of his own smallness in this large universe." This awareness defines an emotion mentioned in the first paragraph. Which is the emotion?

Answer: This awareness describes the emotion of humility.



vi. What were the “symbols of reverence” left by members of the team on Everest?

Answer: The author left a picture of Guru Nanak on Everest; Rawat left a picture of Goddess Durga; and Phu Dorji left a relic of the Buddha. Aside from these "symbols of reverence," there was also the cross buried by Edmund Hillary.

vii. What, according to the writer, did his experience as an Everester teach him?

Answer: According to the author, his experience as an Everest climber inspired him to face life's challenges head on. It showed him that conquering the internal summit is just as important as climbing the mountain. He also believed that the interior summits could be higher than Everest.

2. Write a sentence against each of the following statements. Your sentence should explain the statement. You can pick out sentences from the text and rewrite them. The first one has been done for you.

i. The experience changes you completely. One who has been to the mountains is never the same again.

ii. Man takes delight in overcoming obstacles.

iii. Mountains are nature at its best.

iv. The going was difficult but the after-effects were satisfying.

v. The physical conquest of a mountain is really a spiritual experience.

Answer:



- ii. Man takes delight in overcoming obstacles. The display of perseverance, resilience, and willpower in the face of enormous adversity is delightful.
- iii. Mountains are nature at its best. The mountains' grandeur and majesty present a huge challenge to climbers and serve as a method of communication with God.
- iv. The going was difficult but the after-effects were satisfying. Climbing the mountains was arduous, but reaching the summit provides a sense of accomplishment and contentment.
- v. The physical conquest of a mountain is really a spiritual experience. The physical act of ascending to the summit of a mountain is akin to the spiritual and immensely fulfilling experience of climbing the mountain within yourself, and any climb will undoubtedly transform you, giving you a sense of being in touch with God.

Working with Language

1. Fill in the blanks in the following dialogues choosing suitable phrases from those given in the box.

at hand	at once	at all	at a low ebb	at first sight
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- i. Teacher: You were away from school without permission. Go to the principal at once and submit your explanation.

Pupil: Yes, Madam. But would you help me write it first?

- ii. Arun: Are you unwell?



Ila: No, not at all. Why do you ask?

Arun: If you were unwell, I would send you to my uncle. He is a doctor.

iii. Mary: Almost every Indian film has an episode of love at first sight.

David: Is that what makes them so popular in foreign countries?

iv. Asif: You look depressed. Why are your spirits at a low ebb today? (Use such in the phrase)

Ashok: I have to write ten sentences using words that I have never heard before.

v. Shieba: Your big moment is close at hand.

Jyoti: How should I welcome it?

Shieba: Get up and receive the trophy.

2. Write the noun forms of the following words adding -ance or -ence to each.

i. endurance

ii. persistence

iii. significance

iv. confidence

v. maintenance

vi. abhorrence

3.

i. Match words under A with their meanings under B.

A	B
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Remote	Difficult to overcome
Means	Most prominent
Dominant	Be overcome/overpowered
Formidable	Method/s
Overwhelmed	Far away from

Answer:

A	B
Remote	Far away from
Means	Method/s
Dominant	Most prominent
Formidable	Difficult to overcome
Overwhelmed	Be overcome/overpowered

ii. Fill in the blanks in the sentences below with appropriate words from under A.

a. There were formidable obstacles on the way, but we reached our destination safely.

b. We have no means of finding out what happened there.



- c. Why he lives in a house remote from any town or village is more than I can tell.
- d. Overwhelmed by gratitude, we bowed to the speaker for his valuable advice.
- e. The old castle stands in a dominant position above the sleepy town.

Speaking and Writing

Write a composition describing a visit to the hills, or any place which you found beautiful and inspiring.

A Visit to A Hill Station

Mountains are means of communion with God. Last year, I went to Shimla with my uncle. There we visited Kali Bari Mandir. It was at the height of 3500 ft from the ground. What a beautiful temple it was! I felt myself in the presence of the divine power. At such a height, one can't help one with dreary of his thoughts. I found in the lap of some divine power that kept me alert and awake on such high mountains. The limitless sky was very near to us. The height had pulled out the last ounce of our energy but the visit paid is worth remembering in our hearts. Tara Devi temple was the other temple we visited there with the devotion of heart-felt feelings. May god bless everyone with such an opportunity.